



Kid's Kaleidoscope

Country of the Month Cuba

Mesoamerica



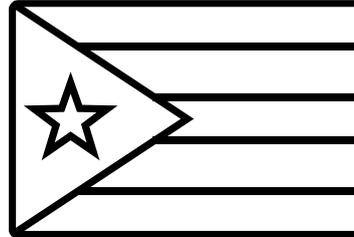
CONVERSATION CENTRAL

In our story we learned about pastors and their families who went on a retreat. Do you know what a retreat is?

A retreat is a quiet place or time for resting, thinking, or being alone. On retreat, we can participate in new activities that help to build connections with others. It can also be a break from busy schedules.

If you could go on a retreat with your family and other families from your church, where would you go? What are some activities you would like to do with your family? How can you pray for your pastor and their family?

COLOR THE FLAGS



The Cuban flag, also known the Flag of the Single Star, was created in 1850. The three blue stripes represent the three areas in which Cuba was divided at that time. White represents purity; and the red triangle, a symbol of strength, and equality. In the center of the triangle, there is a single star with five points, representing liberty.

FIND IT IF YOU CAN!

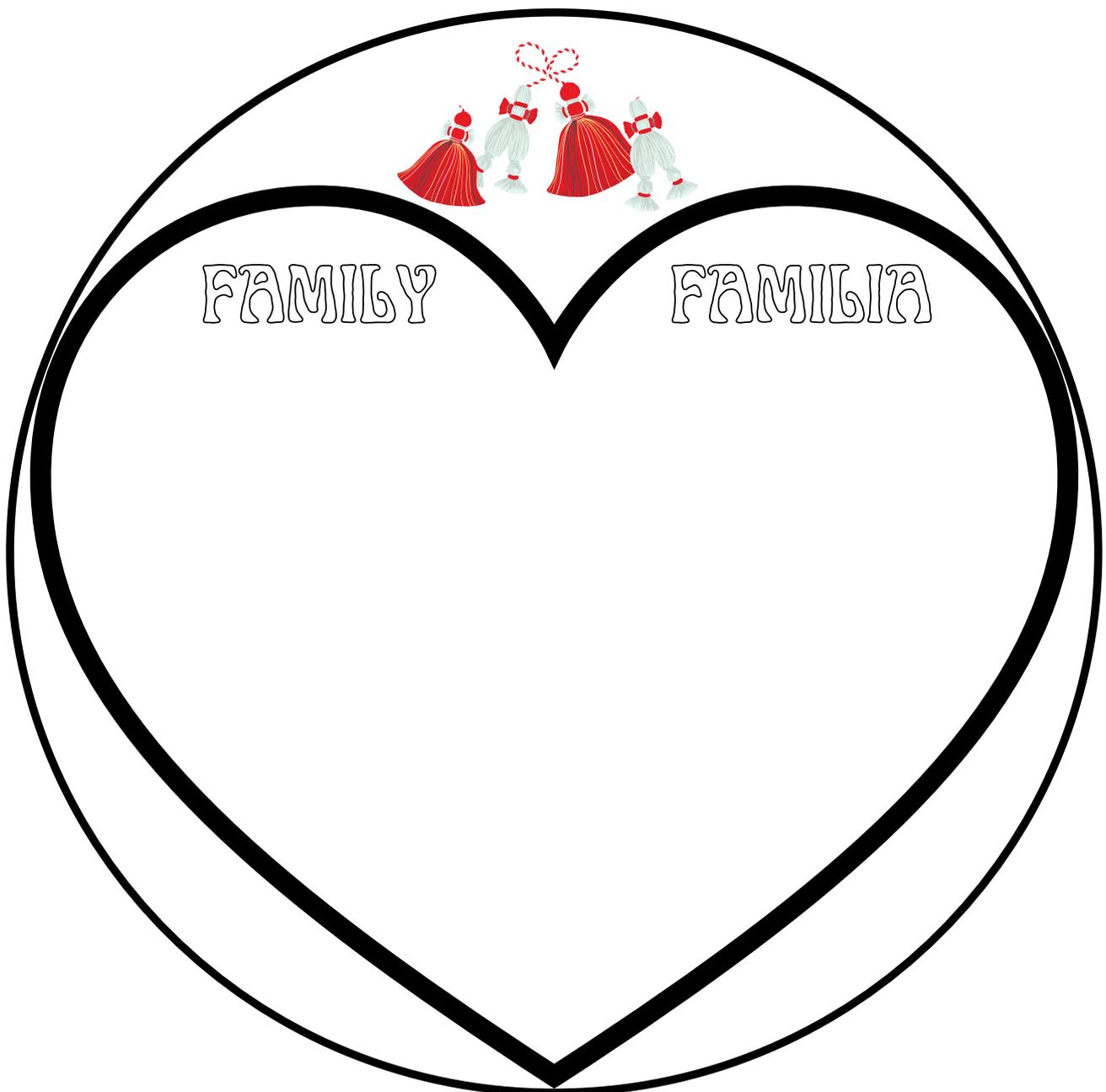


- White Mariposa Flower** – The national flower of Cuba, also known as the white ginger, and can grow up to six feet tall.
- Monte Iberia dwarf frog** – The world's smallest frog is found in Cuba.
- Pineapple** – They have been grown in certain parts of the island for over 100 years.
- Cuban Crocodile** – An endangered reptile found only in Cuba.
- Royal Palm Tree** – The national tree of Cuba.
- Ropa Vieja** – The national dish of Cuba with shredded beef, vegetables, white rice, beans and sweet plantains.
- Bee Hummingbird** – The world's smallest bird is found in Cuba.
- Classic car** – There are around 60,000, classic cars in Cuba.

KALEIDOSCOPE PAGE

In our story, we learned how pastors and their families in Cuba have been blessed with an overdue retreat – time spent away with other pastoral families. When God calls someone to be a pastor, His call is for them to walk alongside others. That means pastors spend a lot of time listening and helping people who are going through a difficult time. They spend a lot of time praying for people who are sick. Has your pastor done any of these things for you or your family? I'm sure your pastor has prayed for you and your family. Maybe your mom or dad is a pastor, or your grandpa or grandma is a pastor, and you know all of the things they do.

One lesson we can learn from this story is that it is important to spend time with family. So in the kaleidoscope below you see a heart that says family, or familia in Spanish, the language spoken in Cuba. Draw a picture of your family, and you might want to include people from your church that you feel are your family, maybe that's your pastor. Then write or draw some special activities you like to do with your family when you spend time together. If you can't think of any, on the next two pages, there are activities that our Cuban families might have done while they were together on retreat. Don't forget that while you are having fun with your family, take some time to pray for your pastor's family.



"Love each other with genuine affection, and take delight in honoring each other."

Romans 12:10 NLT



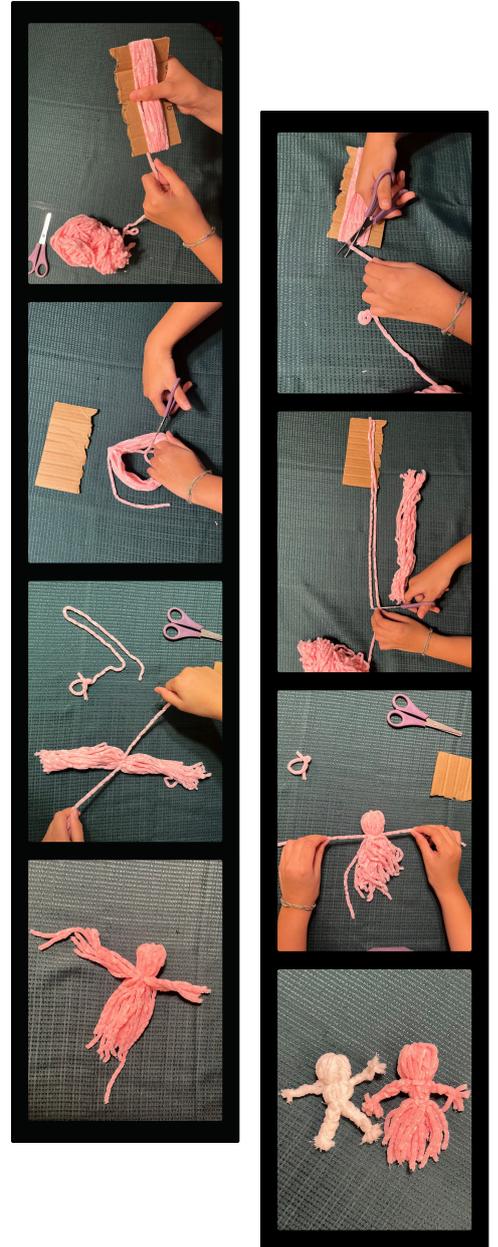
Cuban Yarn Doll

Traditional Cuban Toy



Materials: Yarn, scissors, card board scrap (a thick piece of cardboard from a box works the best) Optional: googly eyes, beads, buttons, scrap fabric.

1. Wrap your yarn around and around the cardboard scrap. The cardboard should be the length you want your doll to be. How much yarn you use depends on how big you want your doll to be. There is no "right or wrong way" to do this. Once you are happy with the amount of yarn, cut the yarn off the ball.
2. Slide the yarn off the card.
3. Cut one end so you have a long bunch of yarn pieces all the same length.
4. Cut two pieces of yarn that is a little bit more than twice as long as your cardboard.
5. Thread one piece of yarn under the middle of the bunch of yarn and tie a knot.
6. Fold the yarn in half where the long string is tied. Then where the yarn is folded, create the head by gathering the yarn and forming a ball, then tightly wrap the other piece of string around the yarn where you want the neck to be and finish it with a knot.
7. Once you have done that, you need to divide the bunch into three parts: the two outside parts become the arms, and a thicker bunch on the inside for the waist and legs. Tie two more strands of string around the middle for the waist.
8. Braid and trim the arms. If you want your doll to have legs braid some in, or leave the bottom as is for a skirt and trim off any extra-long pieces.
9. Now you have a cute little yarn doll. Using different-colored yarn, you can make a whole family. You can also decorate your dolls with googly eyes and buttons or create clothing out of fabric pieces.



Source: <https://www.thecrafttrain.com/braided-yarn-dolls/>



Dominos

The game of dominoes is the national game of Cuba. For many, the game is a daily event that combines competition with friendship. You will often see people playing dominos in parks and other public spaces in Cuba.



Supplies: a set of dominos, you can also print the set of dominos on the next page, and then have an adult help you cut them out to play.

Aim: To play all of your tiles before your opponent plays all of theirs.

On the next page you will find a very simple two-person game of dominos called Double Six. But, there are many ways to play dominos. With the help of an adult you can find more ways to play by searching for domino games online.

The Setup:

The tiles are placed face down on the table. Shuffle them by moving them around. Each player selects seven tiles. Stand them on their sides so you can see the dot values on your tiles but your opponent can't. If you cut them out, simply hold them in your hand like cards.

Whoever has the highest value double tile plays first. If you have the 6-6 (six dots on each half of the tile), play it. If not, you or your opponent can ask:

- "Do you have double sixes?"
- "Do you have double fives?"
- "Do you have double fours?" and so on.

The Play:

The highest double tile is played first. Let's say that is the 5-5 tile. The double tiles are usually placed vertically on the playing surface for easy identification.

The second player lays a tile that matches; that is, it has a 5 on one end. If at any point you can't play a tile, you are blocked. Say "pass" or "go" so your opponent can play again. You can also decide that if you can't play a tile you must pick one up from the extras on the table. If it matches you can lay it down; if not, pick another tile until you get a match; then play resumes as normal.

Play proceeds with you and your opponent taking turns by placing a matching tile at one of the two open ends.

How to Win:

Whoever runs out of tiles first wins. If both players are unable to place a tile, the game is over. Whoever holds the lowest total value on their tiles is the winner.

