



Perspective

Vol. 19 — No. 7

April 2010

LUNCHEON NEWS

You are invited to hear Mike Huckabee on Thursday, April 29, as he shares his ideas, beliefs, and experience in his speech entitled, *The Pursuit of the Presidency and the Perfectly Insane American Process: Insights and Experiences from the American Political System* at the PLN luncheon at the Cox Center.

Former presidential candidate, Michael Dale “Mike” Huckabee, will speak in downtown Oklahoma City at the Cox Center on April 29 for the 2010 Gresham-Marchant Lecture Series Peer Learning Network (PLN) luncheon event.

Huckabee, the forty-fourth Governor of Arkansas, has a long history of “doing the right thing.” He was born in Hope, Arkansas on August 24, 1955 where he had a very humble childhood.



One of his first jobs was working at a radio station reading the news and weather at fourteen years of age. He held several leadership positions throughout his schooling where he became very interested in learning more about religion.

He married Janet McCain on May 25,

1974. He graduated magna cum laude from Ouachita Baptist University, completing his bachelor’s degree in religion in two-and-one-half years before making his move to attend the Southwestern Baptist Theological Seminary in Fort Worth, Texas.

His desire for traditional religious training, however, was interrupted by an opportunity to start a career in Christian broadcasting. Television evangelist, James Robinson, offered Huckabee a staff position which gave him an opportunity to spread the gospel through technology.

Huckabee’s childhood and lifestyle were greatly influenced by the local church; he had many opportunities to share his thoughts on better ways to shape communities through biblical concepts.

As the youngest president of the largest denomination in Arkansas, he encouraged believers to get involved in making life better. English statesman Edmund Burke wrote, “All that is necessary for the triumph of evil is for good men to do nothing.”

Huckabee is a bass player in his rock-n-roll band, *Capitol Offense*, and an author of several books, including *Do the Right Thing*, which spent seven weeks in the top ten of the *New York Times Bestseller List*.

To learn more about this exciting PLN event, please contact Sherree Murray at 405-717-6220 or email her at smurray@snu.edu. Tickets for ASP members are fifteen dollars each; non-members will pay forty dollars.

APRIL LUNCHEON SPONSORS

*Southern Nazarene University
& Academy of Senior Professionals*





Your President's Point of View
by Jack David Arnold

**Every ending is followed
by a new beginning**

Nature demonstrates that almost everything occurs in cycles. The earth rotates on a daily cycle. The moon revolves around the earth on a monthly cycle and the earth around the sun on an annual cycle. Within each year the four seasons take us from cold to warm and again to cold as plants and animals go from a dormant to an active stage and then, as another winter approaches, once more to dormant.

Within nature, every beginning has an ending, and all endings herald a new beginning. Every day tides go out and then come in. As each day ends a night begins, followed by a new day, followed once again by night. When winter ends, spring begins. And so it goes.

Our lives have seasons and cycles as well. Each one of us experiences an endless flow of beginnings and endings. Childhood ends, and adolescence begins; adolescence ends, and adulthood begins; young adulthood ends, and middle age begins; middle age ends, and old age begins.

We generally like beginnings. We celebrate the new, but we resist endings and attempt to delay them. Very often we do not feel the joy of a beginning, knowing that in each beginning are the seeds of the end. Although endings can be painful, they are less so if, instead of resisting them, we look at time as a natural process of nature: as leaves budding in the spring, coming to full leaf in the summer, turning to red and gold in autumn and dropping from trees in the winter. It is a comfort to comprehend that we are an integral part of the great scheme of nature.

Arnold Continued on page 6



**"Sharing a
Continuous
Flight"**

The Academy Perspective

- - -Publication Board- - -

Chair & Production Editor	Emmalyn German
Copy Editor	Darlene Overholt
Managing Editor	Elbert Overholt

- - -Columnists- - -

President's Column	Jack David Arnold
Obituaries	Lecil Brown
Feature Writers	Lecil Brown, Shirley Mears
Library News	Arlita Harris

- - -Staff Reporters- - -

Photography	Emmalyn and Dale German
Programs	Shirley Mears
Research	Paul Scheie

- - -Communications Policy- - -

We value messages from our readers.
By mail: *The Academy Perspective (TAP)*, Southern Nazarene University, 6729 N.W. 39th Expressway, Bethany, OK 73008
By fax: (405) 491-6381
By computer: www.snu.edu —Alumni & Friends—ASP

- - -Newsletter Subscription Information- - -

Annual subscription cost for *The Academy Perspective*:
Non-members—\$10.00 per year
Members—Included in membership

- - -Contributions- - -

To make contributions to the Academy of Senior Professionals:
Mail to: Roy Dorris, Treasurer
4607 N. College, Bethany, OK, 73008

Luncheon Sponsors for 2009-2010

October:	Jack David Arnold, Ph. D.
November:	Legend at Council Road, Connie Daniels
December:	Southern Plaza, John Stoddart
January:	F. Trent Densmore, Attorney, (PC), Trent Densmore
February:	Cancelled—Snow Day
March:	Concordia Life Care Community, Lisa Vallekamp
April:	Southern Nazarene University
May:	Eunice Khoury Insurance Agency, Inc., Eunice Khoury

Senior Adult Conference 2010

Advancing the quality of life: A lifelong learning conference

Presented by:



Plenary Speakers:



Chuck Schroeder

Executive Director of the National Cowboy and Western Heritage Museum



Dr. Stan Toler

General Superintendent of the International Church of the Nazarene

Breakout Sessions (Choose 3)

- | | |
|---|---|
| 1 Paul Scheie: Recent advances in aging technology | 9 Arlita Harris and Marion Snowbarger: Collecting and preserving Southern Nazarene University's and Bethany's History |
| 2 Bruce McIntire: Graceful transitions | 10 Debbie Miller: Total fitness and extending your warranty |
| 3 Tom Hoover: Staying independent | 11 Lynn Hardin and Rhonda Thomas: Identity theft |
| 4 Anita Kelley: How to help a friend who is hurting | 12 Sherman Huff: One-chord Christian |
| 5 John Martin: Raising charitable children: Tax-free giving | 13 Charlene Wilson: Downsizing |
| 6 Shirley Mears: Reaching children of 2070 | 14 Linda Dobson: How to have sunny attitudes to brighten dark days |
| 7 Jack David Arnold and Roy Dorris: Aging and addiction | 15 Andrea Huston: Medicare 101 |
| 8 Roy Dorris: Drug-adverse effects and interactions | 16 Renda Brumbeloe: The writer in you: <i>Life at 35,000 feet</i> |

SAC 2010

Date: ▶ May 21, 2010

Time: ▶ 8 AM to 3 PM

Place: ▶ Bethany First Church of the Nazarene
6789 NW 39th Expr.
Bethany, Oklahoma 73008

SAVE THE DATE

Free parking

Wheelchair-friendly

Door prizes

Silent auction

Vendors and exhibits

Entertainment

Seminars

Certificates of attendance


Gourmet luncheon

Contacts:

Jack David Arnold
405.350.0405

Shirley Mears
405.514.8108

John Martin
405.659.2131

 \$10.00 per person if received before May 15, 2010. \$20.00 per person if received after May 15, 2010

Online Registration: www.snu.edu/senior-adult-conference-2010

Phone Registration: 405.491.6311

Mail in Registration: SAC2010 6729 NW Expressway. Bethany, Oklahoma 73008 (Must include payment)

Write Checks to: SNU, and mark for SAC2010

Name _____ Address _____

Phone _____ Phone 2 _____ Email _____

Session Choices 1. _____ 2. _____ 3. _____



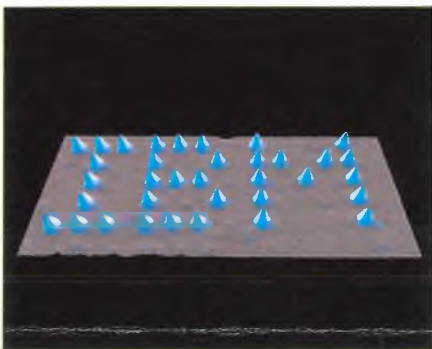
RIG

By Paul Scheie

What is Small?

Our concept of smallness continues to shrink. At one time the width of a human hair was considered quite small. A hair has a width of about 1/10 of a millimeter, or 0.0001 meters. That is close to the limit of what the unaided human eye can see. A common E. coli bacterium is about one millionth of a meter across. That would be one micrometer, or 0.000001 meters. A light microscope is necessary to see an E. coli. Scientists, using powerful electron microscopes, have measured the diameter of small atoms to be in the range of 0.0000000001 meters. That would be 1/10 of a nanometer.

During a speech in 1959 the physicist, Richard P. Feynman, introduced the idea of nanotechnology to describe the problems of manipulating and controlling things on the scale of nanometers. Some 30 years later in Don Eigler's lab at IBM,



using a scanning tunneling microscope, individual xenon atoms were pushed around on a nickel surface to spell IBM, which then was photographed.

Today, nanotechnology is in full swing. Common applications are chips that are the brains of computers and most other modern electronic devices. But there are other objects still smaller that also can be manipulated. The nuclei of atoms have a range of diameters starting at about 0.0000000000000001 meters. We call that length a femtometer. It is one million times smaller than a nanometer. Scientists at the new particle accelerator at Cern Switzerland manipulate objects this small while they are traveling almost as fast as light.

One more example: Scientists now are able to measure times as short as 0.00000000000000000001 second, also known as 1 attosecond. Count the zeros. Are we getting to something small yet?



LIBRARY NEWS

By Arlita Harris

Read Mike Huckabee before you meet him

Mike Huckabee will be our speaker at the Peer Learning Network luncheon at Cox Convention Center on April 29. ASP members are receiving a great discount and free transportation to attend.

Before you meet him, you may want to check out and read some of the books by Mike Huckabee available at the SNU Library.

Living Beyond Your Lifetime: How to be Intentional about the Legacy You Leave is about leaving the legacy of character, whether in politics, marriage, education, or business. Our character will last beyond anything else we have to leave our family and loved ones. He shows us how to leave a trail of character that others will want to follow.

Do the Right Thing is subtitled, "Inside the Movement that's Bringing Common Sense Back to America". It is Huckabee's commonsense message that has connected him with millions of people who voted for him and who regularly listen to him on the media. This campaign memoir is his story, from making commercials with Chuck Norris to sharing his vision for healing America's various divisions.

Quit Digging Your Grave with a Knife and Fork is Mike Huckabee's 12-stop program to end bad habits and begin a healthy lifestyle. His 12 stops include stop procrastinating, stop making excuses, stop sitting on the couch, stop ignoring signals from your body, stop whining, stop allowing food to be a reward, and stop neglecting your spiritual health.

Character Makes a Difference is Huckabee's personal account of how he handled being thrust into an acting governorship of Arkansas when his predecessor was convicted of a felony in the Whitewater scandal, but refused to resign. Once again, character made a difference.

From Hope to Higher Ground is Mike Huckabee's vision for restoring America's greatness. He adds 12 more stops in this book, including stop being cynical, stop cheating our children, stop abusing our planet, stop robbing the taxpayer, and stop the loss of America's prestige at home and abroad. He shares his vision of hope for America. These books are available at the Southern Nazarene University Library and can be checked out on your ASP Library Card, available at the Student Development office, 1st floor of the Webster Commons.

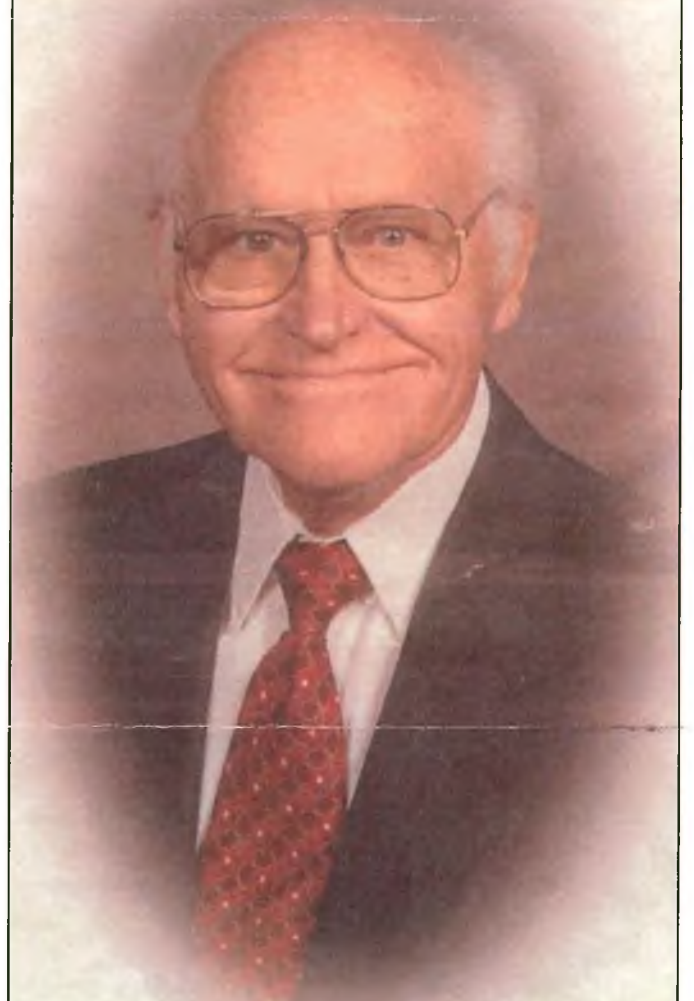


Obituaries
By Lecil Brown

**We say farewell to our Founding Director
of the Academy of Senior Professionals**

Elbert David Overholt was born in Cincinnati, OH on November 23, 1925, the son of Clayton and Loretta Overholt. He departed this life in Oklahoma City on March 20, 2010 at the age of 84. He spent his early years around Newton, KS along with two brothers, Al and Willis, and two sisters, Ellen and Elvera. He served his country in the army in WWII. He enrolled in Bethany Nazarene College (now Southern Nazarene University) in 1946. While in college he met and married Esther Lorraine Steele. After earning his masters from OU, he began a life-long dedication to teaching. He returned to teach at SNU in 1966 after earning his doctorate at the University of Kansas. He taught in the Department of Education, which he chaired, and the Business Department. Following retirement in 1991, he continued to be involved in Golden Bell Ranch in Colorado and other areas of volunteer service in the Bethany and SNU communities. He was founding director of the Academy of Senior Professionals in 1990 and was dedicated to the Academy's goals of service for the rest of his life. After cancer claimed the life of his wife, Esther, on July 20, 1995, he married Darlene Davis in 1977 who tirelessly worked along with him, enjoyed traveling, and sharing the love of family and friends. Elbert's funeral service, much of which he planned, was a moving celebration of his faith in God, and his love of life and family. Dr. Overholt is survived by his wife, Darlene, his sons Randy and wife Cindy, Ed and wife Bettie Lou, his daughter Jan and husband Ron Witzke, nine grandchildren and six great-grandchildren. He is also survived by two step-children, Verna Brown and Kenneth Davis, and their four children and six grandchildren. Funeral services were held in Bethany First Church of the Nazarene at 10 AM on March 24, 2010.

Celebrating the Life of



Dr. Elbert Overholt

November 23, 1925

March 20, 2010



SNU on The Gospel Station Network
by Shirley E. Mears



Obituaries
By Lecil Brown

James Robison

Since 1962, James Robison has delivered the gospel to the masses—first, through crusade evangelism; today, via television.



At the young age of 18, God called James into the ministry. He began speaking in churches, and doors quickly opened for him to hold crusades in stadiums and indoor arenas nationwide. More than 20 million people attended his meetings, with more than 2 mil-

lion decisions for Christ. The ministry that James founded—LIFE Outreach International—now focuses on television and mission outreach, and more people are coming to Christ in a single year than in his first 20 years of ministry.

Shirley E.M. Mears, 405-514-8108
The Gospel Station Network, 101.5 fm
www.thegospelstation.com, Where's Shirley Interviews tab
March Interview, www.okc.cbmc.com, 3/31, 6:30am speaker Mark Whitacre
Sponsored by www.1seniorcare.com, www.integritynetworks.org, Mar 11

Int Networks Site: ELC Roundtable, www.elcroundtable.com, Robin Jones

David Allen Ellis, 92, passed away March 5, 2010, after a long life of faithful service to God. Missionary kid, chemist, WW II veteran, faithful layman, and professor, Dr. Ellis was born March 25, 1917 in Seattle, Washington, to Frank A.N.



Ellis and Margaret Ann Nimmons Ellis. He spent his childhood in China, where his parents were missionaries during the turbulent years before the Communist occupation. He attended Northwest Nazarene College (Idaho), transferring to the University of Washington, where he graduated in 1939 with a MS in chemistry. After working in the weather bureau in Alaska, he enlisted in the Army Air Corps, where he worked in weather intelligence in India during the war. He married Dorothy Tolle of Los Angeles in 1943. He earned a PhD in Chemistry in 1949 from the USC and worked as a research chemist for Dow Chemical in Pittsburg, CA. After early retirement from Dow, he became a professor of chemistry at Azusa Pacific College in California.



David and Dorothy moved to Oklahoma City in 1991. Dorothy preceded him in death in

1995. He is survived by a daughter, Margaret (Peggy) Poteet; son-in-law, Jim Poteet; sister-in-law, Mary Ann Ellis; and grandsons, Joshua and Brandon. Services were Monday, March 8, at 2:00 pm in Mercer-Adams Chapel.

Arnold continued from p. 2

Much of our resistance to endings stems from our unawareness of each new beginning, from our inability to realize that *we are* one with nature. Indeed, we may even doubt that there will be a new beginning! The more we can allow ourselves to trust that every ending is a new beginning, the less likely we are to resist letting go of the old. The less resistance we have, the less pain we will experience in making the journey through the many cycles.

Last year, we voted to change the Academy of Senior Professionals (ASP) at Southern Nazarene University (SNU) Bylaws to provide for a rotation of officers each year, and thus, create a desirable change from the status quo of twenty years. Next month, we will choose a new President-Elect; President-Elect Irwin Harris will become President; and I will then serve as Past-President.

It has been my privilege and honor to have served as the ASP President for twelve years. I advocated this administrative change because I believed that it will provide for a healthier and more representative framework for our beloved organization, which Elbert Overholt founded in 1990.

The powerful potential behind change lies in the possibility that each new beginning will bring us greater joy and freedom than we have ever known. Whether or not that actually happens—whether or not we continue to grow throughout the cycles of our lives—is largely up to us. We play a part in what happens by choosing how we see our changes, our beginnings, our endings. We can see each ending as a tragedy—lament it and resist it—or we can see each ending as a new beginning, a new birth into great opportunities.

What the caterpillar sees as the tragedy of death, the butterfly sees as the miracle of birth.



ASP Calendar

Monday: April 29, 2010

10 a.m.—3:00 pm PLN Conference Shuttle Service from the Sawyer Center lot (41st and Donald) to the Cox Center Downtown)

Monday: May 10, 2010

11 am—1:00 pm ASP Luncheon at the Webster Commons

Friday: May 21, 2010

8:00 am—3:00 pm Senior Adult Conference 2010
Bethany First Church of the Nazarene
6789 NW 39th Expressway
Bethany, OK 73008
(See Page 3 for registration information)

WOULD YOU LIKE TO SPONSOR

ONE OF OUR 2010-2011 LUNCHEONS?

SPONSORSHIP IS \$300.00

CONTACT ROY DORRIS

RDORRIS11@COX.NET

PHONE: 473-7430

